

The Botolph Bell

**The Magazine for the Parish of Heene
March 2018**

What's on at St. Botolph's

Look at the regular events we hold in addition to our prayer group and Sunday morning services:

<u>Monday</u>	10.00 am - 11.00 am 5.45 pm - 6.45 pm	Gentle Exercise Class Yoga
<u>Tuesday</u>	7.30 pm	Folk group practice
<u>Wednesday</u>	10.00 am - 11.45 am 12.00 pm - 1.00 pm 7.00 pm - 8.00 pm 8.00 pm - 9.00 pm 8.00 pm - 9.00 pm 7.30 pm - 9.00 pm	U3A Inspired Instrumentalists Instrumental Groups Tai Chi Kick Boxing Oriental Dancing Bell Ringers' practice
<u>Thursday</u>	7.30 pm - 9.00 pm	Spring into Soul Community Choir
<u>Friday</u>	10.30 am - 12 noon 11.00 am - 11.30 am 12.00 pm - 1.00 pm 7.00 pm - 8.00 pm 7.30 pm	Coffee morning Home Ed. Children's Recorder Group U3A Beginners' Recorder Group Oriental Dancing (<i>Monthly</i>) Church Choir Practice
<u>Saturday</u>	10.00 am - 11.00 am	Oriental Dancing (<i>Monthly</i>)

All events are weekly unless otherwise stated and contact details are shown at the back of this magazine.

St. Botolph's Church, Lansdowne Road, Worthing BN11 4LY
[entrance on Manor Road for most mid-week events]

Services

Sunday, 4th March	10.00am	Sung Eucharist
Friday, 9th March	10.15am	Prayer Group
Sunday, 11th March	10.00am	Sung Eucharist (Mothering Sunday)
Friday, 16th March	10.15am	Prayer Group
Sunday, 18th March	10.00am	Sung Eucharist
Friday, 23rd March	10.15am	Prayer Group
Sunday, 25th March	10.00am	Sung Eucharist (Palm Sunday)
Thursday, 29th March	7.00pm	Maundy Thursday Eucharist
Friday, 30th March	2.00pm	Good Friday Devotions & Communion
Saturday, 31st March	6.00pm	Evensong & Lighting of Paschal Candle
Sunday, 1st April	10.00am	Sung Eucharist (Easter Day)

Thought for the Month

The Botoolph Bell

April 1st brings two very significant anniversaries this year. On this date one hundred years ago, the Royal Air Force was formed on the darkest day in the First World War, when it looked as if the British army in France was being overwhelmed and Haig, its commander, issued his famous 'backs to the wall' order to fight on regardless. In similar circumstances a generation later, RAF pilots defended our island skies against great odds, gaining an imperishable reputation as 'The Few'. The Service motto, *'Per Ardua ad Astra'* - can be very freely translated as *'On upwards to the stars, despite the dangers and difficulties!'* The occasion will be feted nationally, and quite rightly so, by appropriate parades and ceremonies.

The other anniversary, however, has even greater significance, not just for this generation and country, but for all mankind and the entire course of human history. This year Easter Sunday, following the ancient Jewish calendar based on the phases of the moon, falls on April 1st also, and it celebrates events two thousand years ago – the empty tomb in Jerusalem and the resurrection appearances of Jesus of Nazareth. In many ways it has similarities with that other commemoration. His disciples were experiencing their darkest hour, with their Master crucified and the hopes he had raised seemingly dashed. Yet we find them later full of joy and certainty, proclaiming a stupendous victory over death and 'Few' though they were, setting out to tell the world! This was the 'birthday' of the Church, and we celebrate not with a brief period of public remembrance, but with worship-filled thanksgivings throughout the 'Great Fifty Days of Easter', all the way to Pentecost, and indeed on every Sunday.



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blind to the realities of the world around us. Passiontide always precedes Easter joys, and individual persons may well experience their own private Passiontides in many different guises. The Christian idea of life as pilgrimage is very much in the spirit of the RAF motto. As for stars, think Epiphany and the Wise Men!

The RAF was born in the age of the most destructive violence the world had thitherto seen, and the reverberations of the wars still continue, notably in the Middle East, the very area in which the Church itself was born amid violence. Long ago the Psalmist pointed to the root cause of it. Psalm XIV is worth a read, and it begins '*The fool hath said in his heart: There is no God.....*'

April 1st has another connotation: April Fool's Day.

Revd Arthur Taylor



CELEBRATING
YEAR OF PRAYER 2018
ACROSS THE DIOCESE

Friday 23rd March

St. Botolph's Church will be open
10.00 am until 2.30 pm for a day of prayer.
You are most welcome to join us - come
and go as you wish during this time.
Refreshments available.

Musical Mayhem

Art Morning

Friday, 13th April

10.00-11.30am



In the choir vestry of St. Botolph's Church, Heene,
Worthing

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The views expressed in this
magazine are not
necessarily those of the
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Simnel Cake

Simnel cake is a light fruit cake, generally made from white flour, sugar, butter, eggs, spices, dried fruits, zest and candied peel. Sometimes orange flower water or brandy is used, either in the cake batter or to flavour the almond paste. In most modern versions marzipan or almond paste is used as a filling for the cake, with a layer laid in the middle of the mix before the cake is cooked, and it is also used as decoration on the top. Most recipes require at least 90 minutes of cooking using several layers of baking parchment to line the tin. Sometimes brown paper is wrapped around the outside to stop it burning.



Simnel cakes have been known since at least medieval times. They are often associated with Mothering Sunday and in the last century it was frequently said that young girls living as servants in large houses would make one to be taken home to their mothers on their day off. However by the late twentieth century the cake had simply become an Easter cake. The word 'simnel' probably comes from the Latin word *simila*, meaning fine, wheaten flour.



Usually eleven, or twelve, marzipan balls are used to decorate the cake. The eleven balls represent the twelve apostles (minus Judas) and the twelve balls represent Jesus and the twelve apostles (minus Judas). However, this style of decoration, together with its story, did not become usual until the 1970s. Before then the older, Victorian tradition of decorating the

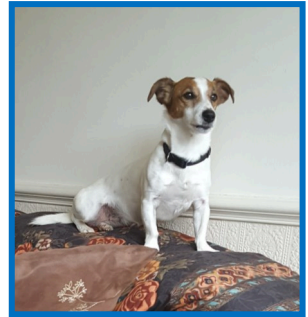
cakes with preserved fruits and flowers was used in recipes throughout the twentieth century.

Cinnamon Trust Dogs



Hallo everybody, Angus here again, your Church dog. Today I would like to talk to you about some of my canine brothers and sisters who find themselves in temporary difficulties. My human friends whom I stay with occasionally do short term fostering for my doggy friends. Here is a short rundown of my friends who have been fostered over the last twelve months.

It was Easter Monday afternoon last year when we received a phone call from the Cinnamon Trust to ask if we could collect a nine year old female Jack Russell called Patch from a property in Storrington who had been left since early morning after her owner had been rushed to hospital having had a fall. We immediately set off and found a little dog very distressed and confused with her situation. She came back home with us to Worthing and settled very quickly enjoying new walks by the sea. She went home to her owner two weeks later but unfortunately came to us again during the year twice more for the same reason and stayed with us for a total of three months until her owner's death. Patch then moved to Norfolk to live with another member of her family which was a good ending for Patch.



Dog number two was Flo, a totally blind and deaf small border terrier 17 years of age, we had over three years for respite care. She was quite amazing coping with her disabilities incredibly well and having a zest for

life, although using one of her remaining senses of smell did mean walks did take an age!


We did hear though that Flo died in her sleep just after Christmas aged 18.

Dog number three arrived as our Christmas visitor - another Jack Russell called Zak whose pet passport did not arrive in time for him to accompany his family on holiday. He had a lovely nature but was a bit of a couch potato and even the hint of rain would cancel any walking plans for the day.



If you would be interested in volunteering for short or long term fostering or dog walking then the Cinnamon Trust (tel: 01736 757900) would be delighted to hear from you.

Sue & Paul Wadey


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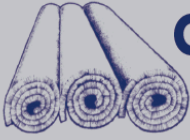
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Samara's Appeal



Samara with the editor in the Park Road, Worthing collection hub.

In issue number 28, over two years ago, we had an article about Samara Levy, a mother of two young children from Brighton and her charity work for displaced people in Iraq and Syria. By collecting warm clothes, shoes, blankets and sleeping bags she and her volunteers helped families to get through winter. Many had fled ISIS or had been bombed by warring forces in Syria and left their homes having to live in basic accommodation or tents, and thousands have crossed the border to live in refugee camps in Lebanon, Jordan and Turkey.

In three years this small charity has expanded from its original collecting hub in Lewes to seven more in England. To take a consignment, permissions have

to be sought, lorries, containers and drivers paid for and schedules agreed. So far 93 container loads have been sent to stricken arrears of Iraq and Syria, driven by drivers who are experts in delivering humanitarian aid into challenging places and who know the route. The distribution of aid to any family displaced and in need is done by partner organisations in the area and non-government agencies.

Syria is now where the greater need is. ISIS caused much devastation - many families were torn apart and orphaned children adopted by others. This has affected everyone, both rich and poor. Areas in major cities have been devastated and where fighting has ceased people are returning to live, sometimes in empty shells of buildings. In these areas there are only basic medical facilities. Over 200 hospitals have closed or been destroyed.

A collection hub has been established in a warehouse in Park Road, Worthing (entrance by the gasometer). Collectors are being sought in the Worthing area to organise donations among local groups. People are asked to use empty banana boxes (makes it easy to handle) and neatly pack the items of clothing that are given, before they go to the hub. This makes storage and loading simpler. Larger items are also required, such as wheelchairs, walking frames and sticks for the elderly. Separately medical

kits plus hygiene products made up into 'dignity packs' are also required. Samara's charity is now supporting three hospitals in devastated areas.

Financial donations are needed to help pay for transportation costs and medical facilities.

In her words Samara describes her appeal "as an army of souls who have a call on our lives to love and serve our brothers and sisters in need. We are the people who want the light in our hearts to shine brighter than the darkness that exists in this world, and we are the individuals who understand that this is only possible when we let our compassion guide and motivate us enough to step out of our comfort zone and take action to do something to make a difference. We may not be able to change something for everyone, but if we are willing we can certainly change everything for someone".

(Samara is a Christian lady who attends St Peter's Church, Brighton).

To find out more about getting involved in her work please visit www.samarasaidappeal.org/collectors and on Facebook.



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A Day Trip To Cordoba

When staying in Seville, sunshine capital of Europe, for a friend's birthday celebrations in late September last year, I took a day trip to Córdoba, 95 miles away. The World Heritage site of the Mosque-Cathedral of Córdoba is there.

What a surprise since my last visit to Seville's Santa Justa station to see the modern trains lining the platforms. The regional service is now high speed and travels on the same fast line that goes to Madrid. The journey to Córdoba takes just 45 minutes.



Even in late September the walk from the new station at Córdoba to the old town was in 35 degrees of heat. The one mile walk through ornamental gardens and plantations of citrus trees, palms and Spanish oaks led to the maze of narrow streets surrounding the Mosque-Cathedral.

Step inside away from the bright sunlight and the eyes are rewarded by stunning architecture. The building is a construction of columns supporting double arches, one above the other, lifting the ceiling up high. The arches are built of wedges of stone, red and white in colour, stretching away as far as the eye can see. Sun penetrates down in shafts of light to brighten the darkness of the building allowing prisms of coloured light to brighten the stonework.



When the Moors and Berbers, Muslim people of North Africa, invaded this part of Spain in the 8th century, this was then a Catholic church. It was divided and shared by Catholics and Muslims alike for the first fifty years after the invasion. The then Caliph, Abd al-Rahman 1, decided to build a grand mosque on the grounds on the lines of the Great Mosque of Damascus. The finest materials were brought in from other parts of Spain to decorate the many "courts" or rooms inside the building with marvellous mosaics and scented wooden panels.

In the 12th century Spain was reconquered and the Muslim peoples driven from Córdoba. The Great Mosque was rededicated as the Cathedral of Our Lady of the Assumption and plans were drawn up in the 15th century for a huge cruciform Renaissance church inside the mosque to be built. Construction continued on and off until completion in the 18th century. A mixture of intricate Muslim mosaics and ornate Christian ceilings feature inside the building. It is truly a wonder of the world.

The walk back to the station in the late afternoon sunshine was under the shade of the palm trees.

The contrast between the ornate stonework and mosaics of the Mosque-Cathedral and the stark concrete of the raw industrial architecture of the new station couldn't be more marked. I had little time to wait for the next fast train back to Seville, city of oranges. A great day out.



Nick Le Mare

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Who's buried in Heene Cemetery?

Ellen Byam (1843 -1918), Samuel Henry Byam (1847 – 1931)

BYAM

In Loving memory of ELLEN BYAM who died at AVENEL WORTHING April 1st 1918 after a long illness aged 70 yrs. Daughter of the late W.J. BYAM Esq. of LONDON
In Affectionate Memory of SAMUEL HENRY BYAM M.R.C.S. of LONDON.
Died in WORTHING September 12th 1921

Ellen and Samuel were born in Marylebone, children of William Jonathan and Mary Ann (nee Young) Byam. Father William was a Member of the Royal College of Surgeons and Licentiate of the Apothecaries Company.

In 1851 Ellen, with older sisters Mary and Harriett, were Boarders at a School in Minchinhampton, near Stroud. Samuel and brother William were in Welbeck Street, Portland Place, in Marylebone, with their parents, and a Domestic Servant, plus a Nurserymaid.

(Brother William became a Major-General and had a long and distinguished Military career.)

In 1861 the family was still living in Portland Place - William and Mary, with Ellen, Samuel and sister Elizabeth Mary, plus a Cook and a Housemaid.

By 1871 William, now retired, had moved his family to Tidenham, Gloucestershire. Mary, Ellen, Samuel (Student of Medicine), Elizabeth, and two Domestic Servants were in his household. He died in 1873.

Neither Ellen nor Samuel ever married.

Samuel had matriculated from University College, London, in 1866.

In 1881 he was Head of Household in Westbourne Place, Knightsbridge, an unmarried Medical Practitioner, with a Scottish male Domestic Servant and a female Cook from Suffolk.

In 1885, in a UK Medical Directory, he is described as “of 18 Westbourne Place, Eaton Square. Licentiate of the Royal College of Physicians, London 1877, Member of the Royal College of Surgeons, London 1877. (St George and Exeter Hospital) Demonstrator of Anatomy at St George’s Hospital Medical School 1868 – 1870.”

Samuel is on the London Electoral Register for 1891, living at St George, Hanover Square.

(continued on page 19)

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In 1901 he was still living in Hanover Square, with a couple of Servants, and in 1911, he was living in a 17-roomed house, now in Chester Square, with the same couple of Servants.

Samuel was at Caer Gwent, in Wykeham Road, when he died, though his address was given as 38 Chester Square. He gave probate to brother William.

In 1881 Ellen was living with her unmarried sisters, Harriett and Elizabeth, in Merton Road, Portsea. They were all living on 'Lands and Dividends' and they employed a Cook. By 1891 mother Mary, widowed, was Head of Household in Hereford Road, Portsea, with daughters Ellen and Elizabeth, plus a Cook and a Housemaid. Mary died in 1893, in Portsea.

In 1901 and 1911 Ellen and Elizabeth were living together at "Avenel" in Richmond Road, with a Cook and a Parlourmaid. Avenel was on the corner of Richmond and Shakespeare Roads. When Ellen died in 1918 she gave probate to Elizabeth.

Liz Lane

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Weather permitting, we will have information at their gravestone about various people buried in Heene and volunteers ready to answer any questions you may have. Refreshments will be available.

For more information contact:

Sue Standing - 07771 966846 or Diane Guest - 07814 548855

Nature Watch March 2018



Despite the cold spell as I write this item there are signs of spring, thank goodness! I noticed a lovely display of hazel catkins as I drove along Titnore Lane recently.

In a recent warmer spell great tits and blue tits were examining our nest boxes. I wonder how long it will be before the frogs start their activities. Last year I counted as many as twenty four at one time thrashing about in our pond!



The Goring Gap as it is known, the piece of land between Goring and Ferring, is a popular place for wading birds during high tide particularly on the fields. Several waders like turnstone, ring plovers, dunlin gather there but once the tide is on the way out they are quick to seek food amongst the sea weed and sand as it is exposed.



Winter visitors do appear in the garden - often "common species" but most likely not local. This thrush family Redwing is one such with its noticeable eye stripe and splash of red under the wing.

Another visitor this year has been a Goldcrest. This delightful bird is the smallest in this country, only three and a half inches in size.



Of course it's a delight when a green woodpecker decides to drop by. Our daughter has the pleasure of great spotted woodpeckers visiting her feeders along with some of their juveniles. I'm not in the least jealous of course.



Did you manage to take the RSPB Garden watch at the backend of January? Although my birds were the usual visitors it was good to spend an hour watching those that did appear.

Wishing you great bird and other watching in 2018.

David Burt dd.aburt@btinternet.com

Some pictures courtesy of RSPB

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